

ROC Luncheon 2.28.2010

**The Sacrament of Reconciliation**

1. What is the Sacrament of Reconciliation?
2. What part of you does Confession deal with?
3. When we sin, who do we hurt?
4. Confession is about hurting what?
5. What did St. Theresa of Avila said that she wanted of the people who lived in her convents?
6. What are the two types of sin? (List in order of severity)
7. What is the difference between Sanctifying Grace and Actual Grace?
8. Summarize what happened to Father Melancon during his 1<sup>st</sup> Confession.
9. What is the format of Confession?
10. Why do we have an Act of Contrition?
11. What does absolution mean?
12. What does Purgatory mean?
13. How often should you go to Confession?
14. How often do we have Confessions here at St. Peter's?